

Level 2: Sandplay Therapy

Sandplay therapy creates a bridge between the conscious and unconscious. Dora Kalff (1904-1990) describes it as a "pathway to the psyche...In the hands of a properly prepared therapist, it is a powerful, invaluable modality".

"The Sandplay method takes the limited therapeutic possibilities of language into account with great seriousness and offers alternative means of psychic expression". Dr Martin Kalff (2003)

A psychotherapeutic, long term, insight-oriented therapy based on work of Dora Kalff and the Psychology of CG Jung.

This two-day workshop has been designed specifically for clinicians who are already incorporating Sand Tray as an adjunctive modality in their clinical practice.

Pre-requisites are:

- Two-day Introductory training preferably with Jean, Carina or STANZA/ISST
- Qualifications and current practicing certificate in Counselling, Psychology, Psychotherapy or Creative Therapies
- Basic understanding of psychotherapy / depth psychology
- Willingness to engage in regular Sandplay supervision

Overview of the training

This two-day training expands on Introduction to Symbol work and Sand Tray. Content includes:

- The theories that differentiate Kalffian Sandplay Therapy, a psychotherapy, from Sand Tray as a modality
- Case studies which illustrate the theories
- Undirected experientials in pairs

There is a maximum number of attendees in order to allow experientials, and for all participants to create their own trays and the observers to practice reflective responses. Participants will be invited to write a reflection of their experiences.

When 2-3 October 2023

Where Kirikiriroa Hamilton, Aotearoa
New Zealand (details will follow)

Cost \$500.00

This Fee includes one online supervision group session
(morning tea included, BYO lunch)

Expressions of interest

Please email Carina Conradie:
carinaconradienz@gmail.com

Registration and payment

Please ensure this before **18 Sept 2023**
(LIMITED SPACES based on FULL PAYMENT)

Internet banking preferred.

Account details will be supplied when booking.

Facilitators



Jean Parkinson is a registered art psychotherapist in private practice in Auckland, working with children, families and adults. A certified Sandplay Therapist and Teaching member of ISST. Founder of Sandplay Aotearoa
www.sandplayaotearoa.co.nz/



Carina Conradie is a registered clinical psychologist in private practice in Hamilton working with adults and children. She is a certified Sandplay Therapist and Teaching member of ISST) and uses sandplay therapy as the main therapeutic modality.

(ISST – International Society for Sandplay Therapy –
www.isst-society.com)

