

### Level 3: Sandplay therapy: Clinical practitioner

“The Sandplay method takes the limited therapeutic possibilities of language into account with great seriousness and offers alternative means of psychic expression” Dr Martin Kalff (2003).

Sandplay therapy creates a bridge between the conscious and unconscious. Dora Kalff describes it as a “pathway to the psyche and in the hands of a properly prepared therapist, it is a powerful, invaluable modality”.

This two-day workshop has been designed specifically for clinicians who are already incorporating supervised Sandplay as an adjunctive modality into their clinical practice. Pre-requisites are completion of Level 2 and current use of sandplay in clinical practice, and continuation to engage in regular Sandplay supervision

### Overview of the training

A psychotherapeutic, long term, insight-oriented therapy based on work of Dora Kalff and the Psychology of CG Jung.

This two-day training expands on Level 2. Content includes:

- Jungian Foundation – Structure of the psyche continue from Level 2; Individuation; Complexes.
- Working with children and teens – Neuro-developmental theory relating to both age groups; Teen case vignettes.
- Working with adults – Ego strength; Diverse client groups; Contraindications; Adult case vignettes.
- Developmental stages in sandplay process.
- Case studies showing discussion topics e.g. trauma and attachment.
- Training opportunities within and outside of Aotearoa – Broadening your knowledge of Jungian Psychology and Kalfian principles e.g. day courses on specific topics.
- The purpose and necessity of engaging in one’s own Sandplay process.
- Assignment to encourage reflective case study and practice: Choose One Book to review and Sandplay Journal paper review (\*1 extra day attendance credited on completion of assignment).

**When** 28 February – 1 March 2025,  
9am–4pm

**Where** Kirikiriroa Hamilton, Aotearoa  
New Zealand (details will follow)

**Cost** \$500.00  
Morning tea included, BYO lunch

### Expressions of interest

Please email Carina Conradie:  
carinaconradienz@gmail.com

### Registration and payment

Please ensure this before **14 February 2025**  
(Secure your place with FULL PAYMENT)

Internet banking preferred.

Account details supplied when booking.

### Facilitators



**Jean Parkinson** is a registered art psychotherapist in private practice in Auckland, working with children, families and adults. A certified Sandplay Therapist and Teaching member of ISST. Founder of Sandplay Aotearoa – [www.sandplayaotearoa.co.nz/](http://www.sandplayaotearoa.co.nz/)



**Carina Conradie** is a registered clinical psychologist in private practice in Hamilton working with adults and children. She is a certified Sandplay Therapist and Teaching member of ISST) and uses sandplay therapy as the main therapeutic modality. (ISST – International Society for Sandplay Therapy – [www.isst-society.com](http://www.isst-society.com))

