SANDPLAY
Aotearoa
www.sandplayaotearoa.co.nz

Symbol Work and Sandplay Therapy

Continuing Education Opportunity

Level 1: Introduction to Symbol Work and Sandplay Therapy

Open to qualified mental health and or health professional working with clients in counselling, psychology or creative therapies.

Sandplay therapy creates a bridge between the conscious and unconscious. Dora Kalff describes it as a "pathway to the psyche and in the hands of a properly prepared therapist, it is a powerful, invaluable modality".

This two-day training opportunity is the beginning foundations of a creative expressive therapeutic modality.

Overview of the training

In this introductory training the origins of sand-tray and sandplay as a therapeutic modality and applications for across a wide range of populations will be introduced.

Training will include:

- Differentiation of sand-tray from Sandplay Therapy
- Common applications of sand-tray as a therapy modality
- Understanding various ways that symbol work and sand-tray can be used in assessment, therapy and supervision
- Use of sand-tray for reflective practice and in supervision
- Introduction to Jungian Concepts: Psyche
- Introduction to Jungian Sandplay therapy: sandplay room; collection of figurines; observation.

This two-day workshop will provide an opportunity for participants to engage in creating their own directed sand-trays. There is a maximum number of attendees in order to allow small experiential groups, and for all participants to create their own tray and the observers to practice reflective responses.

When 23–24 September 2025, 9am–4pm

Where Kirikiriroa Hamilton, Aotearoa New Zealand (details will follow)

Cost $450.00
Morning tea included, BYO lunch

Expressions of interest

Please email Carina Conradie:
carinaconradienz@gmail.com

Registration and payment

Please ensure this before **10 September 2025**
(Secure your place with FULL PAYMENT)
Internet banking preferred.
Account details will be supplied when booking.

Facilitators

Jean Parkinson is a registered art psychotherapist in private practice in Auckland, working with children, families and adults. A certified Sandplay Therapist and Teaching member of ISST. Founder of Sandplay Aotearoa – www.sandplayaotearoa.co.nz/

Carina Conradie is a registered clinical psychologist in private practice in Hamilton working with adults and children. She is a certified Sandplay Therapist and Teaching member of ISST) and uses sandplay therapy as the main therapeutic modality.

(ISST – International Society for Sandplay Therapy – www.isst-society.com)