

## Sandplay Therapy Level 2

Sandplay therapy creates a bridge between the conscious and unconscious. A psychotherapeutic, long term, insight-oriented therapy based on work of Dora Kalff and the Psychology of CG Jung.

Dora Kalff (1904–1990) describes it as a “pathway to the psyche...In the hands of a properly prepared therapist, it is a powerful, invaluable modality”.

“The Sandplay method takes the limited therapeutic possibilities of language into account with great seriousness and offers alternative means of psychic expression”. Dr Martin Kalff (2003)

This two-day workshop has been designed specifically for clinicians who are already incorporating Sand Tray as an adjunctive modality in their clinical practice. Pre-requisites are:

- Two-day Introductory training, preferably with Jean, Carina or STANZA/ISST
- Qualifications and current practicing certificate in Counselling, Psychology, Psychotherapy or Creative Therapies
- Basic understanding of psychotherapy / depth psychology
- Willingness to engage in regular Sandplay supervision

### Overview of the training

This two-day training expands on Introduction to Symbol work and Sand Tray. Content includes:

- The theories that differentiate Kalffian Sandplay Therapy, a psychotherapy, from Sand Tray as a modality
- Case studies which illustrate the theories
- Undirected experientials in pairs

There is a maximum number of attendees in order to allow experientials, and for all participants to create their own trays and the observers to practice reflective responses. Participants will be invited to write a reflection of their experiences.

**When** 7-8 October 2024, 9am–4pm

**Where** Kirikiriroa Hamilton, Aotearoa  
New Zealand (details will follow)

**Cost** \$500.00

Morning tea included, BYO lunch

### Expressions of interest

Please email Carina Conradie:  
carinaconradienz@gmail.com

### Registration and payment

Please ensure this before **22 September 2024**  
(Secure your place with FULL PAYMENT)

Internet banking preferred.

Account details will be supplied when booking.

### Facilitators



**Jean Parkinson** AThR, CST-T

Jean is a registered art psychotherapist in private practice in Auckland, working with children, families and adults. A certified Sandplay Therapist and Teaching member of ISST. Founder of Sandplay Aotearoa – [www.sandplayaotearoa.co.nz](http://www.sandplayaotearoa.co.nz)



**Carina Conradie** NZCCP, CST-T

is a registered clinical psychologist in private practice in Hamilton working with adults and children. She is a certified Sandplay Therapist and Teaching member of ISST) and uses sandplay therapy as the main therapeutic modality. (ISST – International Society for Sandplay Therapy – [www.isst-society.com](http://www.isst-society.com))

