

# Mandala - Healing and growth symbols in Sandplay and Art

A one-day workshop in Hamilton

# Saturday 9 July 2022, 9am-4pm

# Programme details

I began to understand that the goal of psychic development is the self. There is no linear evolution; there is only circumambulation of the self. (Jung, 1989; p.196)

Humans have always been drawn to circles. We experience them in nature, in art and in movement and each culture draws unique meanings from it.

In this workshop we will reflect on:

- the shapes that appear in the sandtrays and art of clients
- finding mandalas in nature and in Maori art
- Kalff's reflections on circles, squares in the psychic development of children
- The Archetype of the Great Round
- Cross as center in mandala and as archetypal image
- Case examples

Facilitators: Jean Parkinson and Carina Conradie

# **Facilitators**



## Carina Conradie

M.Ed. (Counselling), Registered Clinical Psychologist (NZ); Certified Sandplay Therapist, CST-T. Carina Conradie is a registered clinical psychologist in private practice in Hamilton working with adults and children. She is a certified Sandplay Therapist and Teacher member of ISST) and uses sandplay therapy as the main therapeutic modality.



# **Jean Parkinson**

MAAT, Registered Art Psychotherapist, AThR; Certified Sandplay Therapist and Educator, CST-T. Jean Parkinson is a registered art psychotherapist in private practice in Auckland, working with children, families and adults. A certified Sandplay Therapist and Teaching member of ISST. Founder of Sandplay Aotearoa – <a href="mailto:sandplayaotearoa.co.nz">sandplayaotearoa.co.nz</a>

CST-T – International Society for Sandplay Therapy (ISST) – <u>isst-society.com</u>;
AThR – Australian, New Zealand and Asian Creative Arts Therapies Association (ANZACATA) – <u>anzacata.org</u>

# Booking details

#### When:

Saturday 9 July 2022, 9am-4pm

### Venue:

Southwell School, 200 Peachgrove RD, Hamilton, Aotearoa New Zealand

#### Cost:

\$190.00 per day (BYO drink and food. No catering facilities)

## **Expressions of interest:**

Please email Carina Conradie - iconradie@xtra.co.nz

# Registration and payment:

Please ensure this before 2 July 2022

(Spaces are limited and based on full payment)

### For more information:

info@sandplayaotearoa.co.nz